

HYAA 2018 GIRLS LACROSSE SKILLS CLINIC (GRADES K-2) Registration Opens Wednesday, February 14th

HYAA will be offering an instructional skills lacrosse clinic for girls in grades K- 2. This clinic is a fun way for girls to learn the fundamentals of the sport and to learn from experienced players. The clinic will be run by Holmdel High School Assistant Girls Lacrosse Coach Danielle <u>Reichardt</u>. HHS girl's lacrosse players will assist Coach Reichardt with the instruction.

Required Equipment: Stick (junior stick or regular stick cut to the right size), goggles, mouth guard. Per US Lacrosse, equipment must meet certain approved standards. Please go to US Lacrosse uslacrosse.org/safety/equipment for approved eyewear and sticks.

The 90 minute sessions will be held before or after HHS girl's lacrosse games on Saturdays. The schedule is subject to change, so please sign on to TeamSnap and we will keep you posted on timing and location. We aim to have six Saturday lacrosse clinics this spring, starting on April 14Th.

Dates/Time:

April 14 – 12 p.m. - 1:30 p.m.

April 21 – 12 p.m. – 1:30 p.m.

April 28 – TBD // May 6 – TBD // May 12 – TBD // May 19 - TBD

Registration fee for Instructional Clinic: \$100

Please email Michael Flaherty at <u>michael.william.flaherty@gmail.com</u> with any questions or comments. Let us know if you're willing to volunteer to help.

The HYAA organization has moved to a TeamSnap registration process. TeamSnap is an online mobile enabled sports team management application that allows our league, coaches and parents a more efficient means of communicating schedules and team events. If you do not have a TeamSnap account, you will be asked to create one as you register (requires an email address and password). Please register using the online form found on our website's Lacrosse page (www.HYAA.org). EVERYONE MUST CREATE A FAMILY ACCOUNT and register your child(ren) on TeamSnap. You can pay online by credit card or forward a check to the HYAA office. If you pay by check, please make sure that you put your child's name and SPORT on the re line of the check or on a separate piece of paper when dropping off or mailing to the office (PO Box 49 Holmdel, NJ 07733)

HYAA is not an affiliate of the Holmdel Board of Education