

**HYAA 2019 BOYS LACROSSE PROGRAM OVERVIEW  
K-2 INSTRUCTIONAL CLINIC AND LEAGUES FOR 3/4, 5/6 AND 7/8  
REGISTRATION OPENS FRIDAY, JANUARY 4TH**



**K-2<sup>nd</sup> Instructional Skills Clinic -9:00 - 10:30 am Sunday mornings – April 28th – June 9th**

- \$100 fee for the instructional league

This year we will continue to offer Boys K-2<sup>nd</sup> Instructional Skills Clinic on Sunday mornings. The clinic will be run by Adam Ardise and Kevin Buchan. For the past 3 years we have had overwhelming success with our K-2 Clinic with approximately fifteen 3<sup>rd</sup> graders moving onto our competitive teams in the Coastal Lacrosse League and feeding our program each year. We will also set up a few controlled scrimmages with surrounding towns to get the boys the feeling of playing in game situations. **Additional parent volunteers are needed for the clinic!!!**

**3<sup>rd</sup> Grade - 8<sup>th</sup> Grade Teams – 2nd week of March thru Mid- June (practice 2-3 days per week)**

- \$175 Early Bird registration fee starts Friday, January 4th and ends Friday, February 1<sup>st</sup>.
- \$200 Regular registration fee starts on Saturday, February 2nd. Leagues do close so register early.

We will offer competitive boys teams for the Spring 2019 Season. There will be at least one team each in the 3<sup>rd</sup>/4<sup>th</sup> grade level, 5<sup>th</sup>/6<sup>th</sup> grade level, and 7<sup>th</sup>/8<sup>th</sup> grade level. We hope to offer two teams in each age group – one for more experienced players and one for beginner players learning the sport. There will also be some 2<sup>nd</sup> graders who will be invited to play up one grade level on the 3/4 team. We encourage kids with little to no experience to come out and try the sport and learn the game. No experience is required, but for safety reasons and to ensure a positive experience for everyone, **ALL** players with no game experience will start on the beginner team. Coaches will use discretion to move kids from team to team as necessary, taking into account practice attendance, skill, effort, etc.

Holmdel Youth Lacrosse competes in the Coastal Lacrosse League with 11 other towns. This is a town only league which is intended to keep the level of competition balanced. There will be a full schedule which will include standings, playoffs and championships for the 5/6 and 7/8 Teams. As per U.S. Lacrosse guidelines, the 3/4 teams will play a modified game of 7 v.7 on a smaller size field that is an excellent way for the kids to learn stick skills, get more touches on the ball and learn the game.

**Required equipment for the 3<sup>rd</sup> – 8<sup>th</sup> grade Teams and Clinic Teams and K-2<sup>nd</sup> Instructional Skills Clinic:**

Helmet, gloves, shoulder pads, arm pads, mouth guard, athletic supporter, cleats, stick (soft mesh). We strongly suggest you talk to the sales people as some equipment runs large or small and thus there is an element of tailoring to your child. There are also several stores that offer “starter kits” at a reduced rate for the entire package.

The HYAA organization has moved to a TeamSnap registration process. TeamSnap is an online and mobile-enabled sports team management application that allows our league, coaches and parents a more efficient means of communicating schedules and team events. If you do not have a TeamSnap account, you will be asked to create one as you register (requires an email address and password). Please register using the online form found on our website’s LACROSSE page ([www.HYAA.org](http://www.HYAA.org)). **EVERYONE MUST CREATE A FAMILY ACCOUNT and register your child(ren) on TeamSnap.** You can pay online by credit card or forward a check to the HYAA office. If you pay by check, please make sure that you put your child’s name and SPORT on the re line of the check or on a separate piece of paper when dropping off or mailing to the office (PO Box 49 Holmdel, NJ 07733)

**HYAA is not an affiliate of the Holmdel Board of Education**